

1. How much do you weigh?:

kg / stone / pounds

(please circle the measurement you used)

2. How tall are you?:

metres / centimetres / feet and inches

(please circle the measurement you used)

3. In the past 12 months, how often, on average, did you eat or drink the following?:
(Please leave blank if you do not know what a food is)

	Never or occasionally	Once or twice per week	Three or more times a week
Meat (e.g. beef, lamb, chicken, pork)	<input type="text"/>	<input type="text"/>	<input type="text"/>
Seafood (including fish)	<input type="text"/>	<input type="text"/>	<input type="text"/>
Fruit	<input type="text"/>	<input type="text"/>	<input type="text"/>
Vegetables (green and root)	<input type="text"/>	<input type="text"/>	<input type="text"/>
Pulses (peas, beans, lentils)	<input type="text"/>	<input type="text"/>	<input type="text"/>
Cereal (including bread)	<input type="text"/>	<input type="text"/>	<input type="text"/>
Pasta	<input type="text"/>	<input type="text"/>	<input type="text"/>
Rice	<input type="text"/>	<input type="text"/>	<input type="text"/>
Butter	<input type="text"/>	<input type="text"/>	<input type="text"/>
Margarine	<input type="text"/>	<input type="text"/>	<input type="text"/>
Nuts	<input type="text"/>	<input type="text"/>	<input type="text"/>
Potatoes	<input type="text"/>	<input type="text"/>	<input type="text"/>
Milk	<input type="text"/>	<input type="text"/>	<input type="text"/>
Eggs	<input type="text"/>	<input type="text"/>	<input type="text"/>
Fast food/burgers	<input type="text"/>	<input type="text"/>	<input type="text"/>

4. How many times a week do you engage in vigorous physical activity long enough to make you breathe hard?:

Never or occasionally

Once or twice per week

Three or more times a week

5. During a normal week, how many hours a day (24hours) do you watch television?:

Less than 1 hour

1 hour but less than 3 hours

3 hours but less than 5 hours

5 hours or more

6. In your house, what fuel is usually used for cooking?:

Electricity

Gas

Open fires

Other – Please specify

7. In your house, what fuel is usually used for heating?:

Electricity

Gas, kerosene, paraffin

Wood, coal, oil

Other – Please specify

8. In the past 12 months, how often, on average, have you taken paracetamol (e.g. Panadol, Pamol)?:

Never

At least once a year

At least once per month

9. How many older brothers and sisters do you have?:

brothers and sisters

10. How many younger brothers and sisters do you have?:

brothers and sisters

11. Were you born in (NZ - See instructions)?:

Yes

No

12. How many years have you lived in (NZ - see instructions)?:

years

13. What level of education has your mother received?: (local wording)

Primary school

Secondary school

College, university or other form of tertiary education

14. How often do trucks pass through the street where you live, on weekdays?:

Never

Seldom

Frequently through the day

Almost the whole day

15. In the past 12 months, have you had a cat in your home?:

Yes

No

16. In the past 12 months, have you had a dog in your home?:

Yes

No

17. Does your mother (or female guardian) smoke cigarettes?:

Yes

No

18. Does your father (or male guardian) smoke cigarettes?:

Yes

No

19. How many people living in your house smoke cigarettes?:

people

Thank you very much for your help with this questionnaire. We appreciate your assistance.